

The purpose of this Control Your Pain educational seminar is to provide you with a better understanding of:

- Chronic Pain
- Treatment Options for Chronic Pain
- Pain Management Specialists

**Jocelyn Idema, D.O.**

Orthopedic Spine Surgeon

*Mid-Maryland Musculoskeletal Institute*

**Sudhir Rao, M.D.**

Board Certified Anesthesiologist &  
Pain Management Physician

*Pain and Spine Specialists of Maryland*

**Tuesday, March 25, 2014 - 6:00pm to 7:30pm**

**Hilton Garden Inn**

7226 Corporate Court • Fredrick, MD 21703

Venue Phone Number: 240.566.1500

To register for this event online visit

**[www.ControlYourPain.com/Events](http://www.ControlYourPain.com/Events)**

or call 1-877-4PAIN50 (1-877-472-4650)

between the hours of 5am-6pm Pacific Time, Monday through Friday

*We welcome family, friends and loved ones to attend.*

